



**AMERICAN SHORT LINE AND REGIONAL RAILROAD ASSOCIATION
LEADERSHIP PROGRAM-REGULATORY MODULE TRAINING SEMINAR
SEPTEMBER 22-24, 2026
EMBASSY SUITES SAN DIEGO LA JOLLA
LA JOLLA MEETING ROOM
AGENDA**

TUESDAY, SEPTEMBER 22 – DAY ONE

8:30 am-8:45 am	Safety Briefing & Welcome	JR Gelnar
8:45 am-10:30 am	Federal Regulations 101	JR Gelnar
10:30 am-10:45 am	Break	
10:45 am-12:00 pm	OSHA v FRA	JR Gelnar
12:00 pm-1:00 pm	Lunch	
1:00 pm-2:30 pm	Part 218: Railroad Operating Practices	JR Gelnar
2:30 pm-2:45 pm	Break	
2:45 pm-5:00 pm	Part 228: Hours of Service Q&A and Daily Wrap-Up	JR Gelnar, Mitch Harris

WEDNESDAY, SEPTEMBER 23 – DAY TWO

8:30 am-8:45 am	Safety Briefing & Comments	JR Gelnar
8:45 am-10:30 am	Part 219: Control of Alcohol and Drug Use	JR Gelnar, Mitch Harris
10:30 am-10:45 am	Break	
10:45 am-12:00 pm	Part 219: Control of Alcohol and Drug Use	JR Gelnar, Mitch Harris
12:00 pm-1:00 pm	Lunch	
1:00 pm-2:30 pm	Part 225: Railroad Accidents / Incidents	JR Gelnar
2:30 pm-2:45 pm	Break	
2:45 pm-5:00 pm	Part 225: Railroad Accidents / Incidents Q&A and Daily Wrap-Up	JR Gelnar, Mitch Harris

THURSDAY, SEPTEMBER 24 – DAY THREE

8:30 am-8:45 am	Safety Briefing & Comments	JR Gelnar
8:45 am-10:30 am	Part 217: Railroad Operating Rules	JR Gelnar, Mitch Harris
10:30 am-10:45 am	Break	
10:45 am-12:00 pm	Part 243: Minimum Training Standards Final Q&A and Wrap-Up	JR Gelnar, Mitch Harris